



Camp St. George Packing List

Hello families, parents, and campers! Our staff is so excited to welcome you to camp and we are counting down the days till you get here!

Enjoying everything camp has to offer begins with packing the proper attire. Our program contains a variety of experiences, and we want you to be ready for them all! We will often be sitting on the floor, walking long distances, and participating in athletic activities. This packing list should provide the details you need to prepare for an incredible week at camp! It is always best to double check your camper's luggage before the adventure of camp begins.

Packing List

Bottoms (*enough for at least 7 days*)

- Shorts
 - Camp is meant for running, jumping, climbing, etc., so be sure your shorts fit those activities.
 - Be mindful of the length and fit
 - Spandex/biker shorts and short shorts are not permissible.
- Pants
 - The mornings and evenings tend to be cool, so some long pants are ideal.
 - Sagging and see-through pants, are not permissible.
 - Long pants are required on the Ropes Course and Overnight
 - Ticks are more prevalent in the woods and may be carriers of Lyme Disease, for this reason, long pants are necessary

Shirts (*enough for at least 7 days- maybe more... we tend to sweat a lot*)

- Shirts should meet your waistline and cover your chest. Your midriff should be covered while arms are raised, allowing you to participate in athletic activities.
- Active wear and tank tops with thicker straps are great for afternoon program.
 - Low cut arm holes and spaghetti strap tanks are not permissible.
- We recommend long sleeve shirts and pants during sunset hours when mosquitoes are most active and when in the woods where ticks are most present.

Daily Services (*2 services daily: Orthros, Vespers, and Supplication Services*)

- Be sure to have shirts or sweaters to cover your shoulders during church every morning and evening.
- Long Pants
 - Pants such as sweatpants, jeans, leggings, etc. are permitted for daily services.
 - Sweaters, sweatshirts, or shirts that fall below your buttocks **MUST** be worn when wearing tighter fitting pants.
 - Shorts are not permissible during church.

Divine Liturgy (*Celebrated 1 time at CSG*)

- Nicer attire is expected for Liturgy.
 - Guys: Collared shirt, slacks, and a tie
 - Jeans are not permitted, ties are preferred.
 - Gals: Dress, skirt, or dress pants with a blouse
 - Skirts and dresses should be near the knee or lower.
- We sit on the floor for homilies so please be mindful of length and ensure your outfit will allow you to remain covered in the front and the back.
- We cover our shoulders for all church services.
- Don't forget your closed-toed church shoes.

Shoes

- We recommend comfortable, supportive shoes.
 - Sticks, dirt, rocks, and hills make closed-toed shoes recommended to keep our feet safe.
- Flip Flops/open toed shoes are great but only for the shower and swimming pool.
 - Be sure to bring shower shoes!
- Athletic shoes must be worn during the Afternoon program.
- Heels are not safe on camp terrain and should not be packed and worn at camp.

Pool Attire

- Guys: Swim trunks that fit well at the waist (be mindful of length and fit)
 - Speedos are not permissible.
- Gals: One-piece swimsuits, tankinis, or swim shorts that cover the midriff
 - Bikinis and front cutouts are not permissible.
- Flipflops may be worn at the pool.
- Be sure to bring goggles and a towel!

Piercings/Tattoos

- Reminder, we are very active during camp: studs may be more practical than dangly earrings.
 - Body and facial piercings are not permissible.
 - Earrings on guys are not permissible.
- Tattoos should remain covered.

Extra

- Campers shower multiple times a day and will NOT have the opportunity to wash their clothes during camp, so please pack enough clothes to last 1 full week.
- Underwear
 - Bring lots of it!
- Socks
 - Try to bring 2 pairs of socks per day.

- Our feet get SO dirty at camp with all the dust and games we play.
- Jacket/Sweater/sweatshirt
 - It can get chilly in the morning and evening! Be sure to bring layers to stay warm and cover up in church.
- Theme nights
 - We will let you know the evening themes prior to camp so you are able to dress up with your cabin!
- Towels
 - Bring 2! 1 for showers and 1 for the pool! Please write your name on it with a marker
 - A washcloth is helpful as well.
- Rain Gear!
 - It can rain at camp, be sure to bring a raincoat/poncho and rain shoes to stay dry while walking from place to place and participating in activities while in light rain.
- Sunscreen
 - The sun is shining most of the day, let's protect our skin!
- Deodorant
- Shampoo and Conditioner
- Body wash/soap
- Hairbrush/comb
- Toothbrush and toothpaste
- Bug spray
 - Non-aerosol, 10% max DEET for children 12 and under, 30% max for 13 and up
- Chapstick
- Lotion
- Face wash
- Feminine products
- Reusable water bottle
 - We drink LOTS of water at camp.
- Pillow, sleeping bag or twin sheets, and a blanket.
 - We want you to sleep comfortably at camp.
- Flashlight
- Stuffed animal if you wish.
- Laundry bag for dirty clothes (marked with your name)
- Any medicine you take must be in its original container and given to the nurse at check in
- Optional: Bible, camera (marked with name), journal, hiking boots (ages 16 and 17), travel games (non-electronic)

Leave at Home (*any of these items will be confiscated upon arrival to camp*)

- Food
 - Campers receive 3 meals and multiple snacks throughout the day
 - At camp, packages with food are simply an invitation for rodents and ants to partake in a scrumptious dinner.
 - Treats from home also often lead to stomach aches and improper nutrition.
- Electronics (cell phones, ipods, electronic games, ipads/tablets, etc.)
- All alcohol and tobacco products (including Juuls, e-cigs, dab pens, etc.)
- Dangerous implements (knives, axes, fireworks, etc.)
- Any illegal substances (campers found with any will be sent home immediately)
- Jewelry and other valuables
- Immodest apparel/Clothing with inappropriate writing
- High heels
- Open-toed shoes (besides shower shoes)
- Expensive or name-brand clothing
- Pets
- Any aerosol products (hairspray, deodorant, insect repellent, etc.)
- Money
- **Try to keep your camper's luggage under 2 bags, cabin storage space is limited.**

**Camp is not responsible for any lost, damaged, or stolen items. Please be sure to label every item with your camper's name for easy identification.*